2024 SOS Women's Retreat Registration

(Please submit this portion <u>regardless</u> of form of payment via mailina address below or email: mrsann2000@icloud.com) • Full Package \$165,00 (includes 2 nights, all meals and conference) Conference & Meals \$85.00 Conference Only \$40.00 Amount Paid: _____ Name for Name Tag: Address: Email: _____ Special Needs or Dietary Restrictions:

<u>Please make checks payable to:</u>
SOS Women's Retreat

I would like to room with: _____

SOS Women's Retreat 1612 Cressa Court Springfield, IL 62704

or send money with Zelle®: mrsann2000@icloud.com

Registration Information:

Registration suggested

RETREAT PRICING:

• Full Package \$165.00 (includes 2 nights, all meals and conference)

Conference & Meals \$85.00Conference Only \$40.00

LODGING INFO:

Rooms are assigned on a first come first serve basis until they are filled. Overnight accommodations are available for 40 people assuming double occupancy. Each room is furnished with two beds and a private bath.

REGISTRATION INFO:

Registration deadline is April 12, 2024. Full refunds are available prior to this date. After April 12th there will be a full refund less a \$30 processing fee.

SCHOLARSHIP INFO:

A limited number of scholarships are available and will be given on a first-come first-serve basis. Scholarship recipient must pay \$85.00 in advance to secure the scholarship. Also due April 12, 2024.

For additional information on how you can obtain or support these scholarships, please call Annie C. (217) 652-8131.

For more information call: Annie C. (217) 652-8131 Heather S. (217) 720-5159 **2024: Relax, Renew, Restore**Let Your Spirit Soar!



2024 SOS Women's Retreat

April 26, 27, 28

Opens Friday at 4pm Closes by Noon Sunday

Villa Maria Retreat Center 1903 E. Lake Shore Drive Springfield, IL 62712

DETAILS

- This Retreat is hosted by a group of women with a common interest in 12 Step Recovery. We come from many different 12 Step Programs and all are welcome.
- The Villa Maria Retreat Center offers a beautiful view of Lake Springfield and has access to the Lincoln Memorial Gardens, which offer miles of hiking trails within its nature preserve.
- You may bring your own food if you have a special diet.
- Walk-in registrants will need to be responsible for their own meals.
- Overnight guests will need to bring toiletries.
- Attendees should wear comfortable clothing and shoes.
- A hospitality area will be on site with coffee, tea and water. Please bring a healthy snack to share. Only healthy food items will be set out.
- In mindfulness of our environment, please bring your own coffee cup.
- Handicapped accessible.

HIGHLIGHTS

The theme for this year's SOS Women's Recovery Retreat is:

2024: Relax, Renew, Restore Let Your Spirit Soar!

Join us in fellowship through

- meetings
- speakers
- nature walks
- meditation
 - yoga
- creativity

The weekend will be an opportunity for

- togetherness
 - reflection
 - growth
- rejuvenation

No matter what your age, recovery program, or length of time in recovery, this retreat could change your life and nurture your soul.

We cannot do this alone.

"I left feeling that my life had meaning, and there is no greater feeling than that." 2023 SOS participant

(Please return the flip-side of this portion with registration)

Our color theme this year is **AOUAMARINE**

Aquamarine promotes

- serenity
- intuition
- creativity
- empowerment
- communication



Join us for a Spirit-filled Weekend!